

IT'S SUMMER!

**SUMMER IS A GREAT TIME TO GET OUTSIDE
AND DO THINGS THAT BRING US JOY!**

What would you like to do this summer?
What adventures would you like to have?
What memories would you like to make?
What is on your bucket list?

WHAT IS A BUCKET LIST?

BUCKET LIST [bucket list]
NOUN

- a number of experiences or achievements that a person hopes to have or accomplish during their lifetime.



CITY & YOUTH

**TAKE TIME THIS WEEK
TO MAKE A LIST OF ALL
OF THE THINGS YOU WOULD LIKE TO
DO THIS SUMMER.**

SHARE YOUR
YOUR ADVENTURES WITH US
ON BIGREDBUS.CA



"We don't get a chance to do that many things,
and each one should be really excellent. Because
these are our lives."

- Steve Jobs

"Don't say you don't have enough time. You have
exactly the same number of hours per day that
were given to Helen Keller, Pasteur,
Michaelangelo, Mother Teresa, Leonardo da
Vinci, Thomas Jefferson and Albert Einstein."

- H. Jackson Brown

THIS Week's CHALLENGE

SUMMER

BUCKET LIST

- Have ice cream for dinner
- Swim in a lake
- Go on a picnic
- See fireworks
- Complete a random act of kindness
- Roast a marshmallow

- _____
- _____
- _____

Add your own ideas!